

## ORIGINAL ARTICLE

**Inhibition of 12/15 lipoxygenase by curcumin and an extract from *Curcuma longa* L.****Inhibícia 12/15 lipoxygenázy kurkumínom a extraktom z *Curcuma longa* L.**

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**Summary**

Curcumin (diferuloylmethane) is an orange-yellow secondary metabolic compound from the rhizome of turmeric (*Curcuma longa* L.), a spice often found in curry powder. It is one of the major curcuminoids of turmeric. For centuries, curcumin has been used in some medicinal preparations or as a food colouring agent. A variety of enzymes that are closely associated with inflammation and cancer were found to be modulated by curcumin. This paper summarized the results of the inhibitory effect of curcumin and a *Curcuma longa* L. ethanolic extract on lipoxygenase from the rat lung cytosolic fraction. The positional specificity determination of arachidonic acid dioxygenation by RP- and SP-HPLC methods showed that in a purified enzyme preparation from the rat lung cytosol the specific form of lipoxygenase (LOX) is present exhibiting 12/15-LOX dual specificity (with predominant 15-LOX activity). The inhibitory activity of curcumin and *Curcuma longa* extract on LOX from cytosolic fraction of rat lung was expressed in the percentage of inhibition and as  $IC_{50}$ . Lineweaver-Burk plot analysis has indicated that curcumin is the competitive inhibitor of 12/15 LOX from the rat lung cytosolic fraction.

**Keywords:** *Curcuma longa* L. • curcumin • turmeric extract • linoleic acid • lipoxygenase inhibition

**Súhrn**

Kurkumín (diferuloylmetan) je oranžovo-žltosivkovaná sekundárna látka – sekundárny metabolit z rizomu (*Curcuma longa* L.), korenia (turmeric) často prítomného v prášku curry. Je to jeden z hlavných kurkuminoidov turmeric *Curcuma longa* L. Po stáročia bol kurkumín používaný v niektorých liečivých preparátoch, alebo ako korigens farby v potravinách. Ukázalo sa, že viaceré enzymy, ktoré sú úzko spojené so zápalovým a nádorovým procesom, sú modulované kurkumínom. V tejto práci sú sumarizované výsledky inhibičného efektu kurkumínu a etanolického extraktu z *Curcuma longa* L. na aktivitu lipoxygenázy (LOX) z cytozolovej frakcie pľúc potkana. Stanovenie polohovej špecifity dioxygenácie kyseliny arachidónovej RP- a SP-HPLC metódou ukázalo, že v purifikovanom enzymovom preparáte z cytozolovej frakcie pľúc potkana je prítomná špecifická forma lipoxygenázy preukazujúca 12/15-LOX duálnu špecifitu (s prevažujúcou 15-LOX aktivitou). Inhibičná aktivita kurkumínu a extraktu z *Curcuma longa* na aktivitu lipoxygenázy z cytozolovej frakcie pľúc potkana bola vyjadrená v percentách inhibície a hodnotách  $IC_{50}$ . Vyjadrením kinetiky enzymovej reakcie podľa Lineweaver-Burk za prítomnosti inhibítora sa zistilo, že kurkumín je kompetitívny inhibítorka 12/15-LOX z cytozolovej frakcie pľúc potkana.

**Keywords:** *Curcuma longa* L. • kurkumín • turmeric extrakt • kyselina linolová • inhibícia lipoxygenázy

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**Introduction**

Turmeric (the common name of *Curcuma longa* L.) is an Indian spice, food preservative and colouring agent, which has been traditionally used for the treatment of various ailments. Curcumin, a hydrophobic polyphenol, is the principal active compound of turmeric. The major curcuminoids isolated from turmeric are curcumin, demethoxycurcumin and bisdemethoxycurcumin.

Commercially available preparations of "curcumin" contain predominantly 70% of curcumin, 17% of demethoxycurcumin and 3% of bisdemethoxycurcumin<sup>2</sup> (Fig. 1). Curcumin is a highly pleiotropic molecule with anti-inflammatory, anti-oxidant, chemopreventive activities *in vitro* and in animal models<sup>3, 4</sup>. The mechanisms of these effects are diverse and appear to involve the regulation of various molecular targets, including transcription factors (such as nuclear factor kappa B, a protein that influences the genetic code to produce inflammatory cytokines), such as the tumour necrosis factor, interleukin 1 and interleukin 6, mitogen-activated protein kinases and other enzymes, such as cyclooxygenase 2 and 5-lipoxygenase, phospholipase A2 (PLA2) and inducible nitric oxide synthase (iNOS)<sup>1, 4</sup>. Several studies have provided interesting insights into the multiple mechanism by which curcumin may mediate chemotherapy and chemopreventive effects on cancer, including colorectal cancer through the modulation of multiple molecular targets such as surface adhesion proteins, survival pathways and cytokines<sup>5–7</sup>.

The anti-inflammatory properties of curcumin were shown to inhibit the 5-lipoxygenase activity in rat peritoneal neutrophils as well as the 12-lipoxygenase activity and the cyclooxygenase activity in human platelets<sup>8</sup>. The arachidonic acid (AA) pathway constituents are one of the main mechanisms for the formation of mediators of inflammation, as well as controlling homeostatic function. AA is the major precursor of several classes of signal molecules and alteration of its metabolism is involved in human carcinogenesis by interfering with signalling events<sup>9</sup>.

Lipoxygenases (LOXs) belong to the multigenes family of dioxygenases with a content of non-heme iron in the active site of the enzyme. LOX catalyze dioxygenation of polyunsaturated fatty acids with a cis-1,4-pentadiene configuration to their corresponding hydroperoxide derivatives. In animal organisms LOX is the key enzyme in the biosynthesis of leukotrienes playing an important role in the pathophysiology of several inflammatory diseases because the products of lipoxygenase catalyze oxygenation as hydroxyeicosatetraenoic (HETE) or hydroperoxyeicosatetraenoic acid (HPETE)<sup>10</sup>. Lipoxygenases catalyze the oxidation of arachidonic acid to form therapeutically important signalling molecules including leukotrienes and lipoxins. The involvement of lipoxygenases in many inflammatory diseases reactions (rheumatoid arthritis and psoriasis), cancer, atherosclerosis, asthma, diabetes mellitus and Alzheimer's disease has prompted the search for inhibitors for these enzymes<sup>11, 12</sup>.

Lipoxygenases are categorized as 5-LOX [EC 1.13.11.34], 8-LOX [EC 1.13.11.40], 12-LOX [EC 1.13.11.31] and 15-LOX [EC 1.13.11.33]. LOXs are regio- and stereo-selective and thus the resulting eicosanoids differ not only in the position of oxidation and the location of the remaining double bonds but also in chirality, which is a tremendously crucial factor in their biological activity. A single mutation glycine-alanine can change not only the chirality *S*-*R* but also the site of oxidation. The mutation of other residues in the vicinity of the iron site can have a similar effect on regio- and stereo-

specificity of catalysis<sup>12</sup>). These differences imply great difficulties in planning pharmacological interventions with the intention to change the functions regulated by LOXs.

5-LOX is the most explored enzyme according to the ability to synthesize leukotrienes, formerly known as the slow reacting substances of anaphylaxis, and their involvement in inflammatory and allergic diseases<sup>13, 14</sup>. However, some LOXs were found to have a dual positional specificity and produce 12- and 15-hydroperoxides of arachidonic acid. These are called 12/15-LOX. The 12/15-LOX enzyme has been linked to the development of the metabolic syndrome including atherosclerosis, obesity, diabetes, liver injury in non-alcoholic fatty liver disease<sup>15–18</sup> and in the pathogenesis of another inflammatory diseases including arthritis<sup>19</sup> and lung injury<sup>20</sup>.

The aim of the present study was to prepare a partially purified LOX enzyme from the rat lung cytosol fraction and use this enzyme preparation as a model enzyme for testing potential LOX inhibitors: standard curcumin and an extract from powdered turmeric rhizomes (*Curcuma longa* L.). The kinetic parameters of  $K_m$  and  $V_{max}$  and the type of inhibition were specified with respect to curcumin. For the determination of the positional specific forms of LOX from the rat lung cytosolic fraction, the LOX reaction products were separated on a non-polar system (RP-HPLC) and identified on a polar adsorbent (SP-HPLC).

## Experimental part

Standard curcumin (purity > 95 %) was purchased from Sigma (St. Louis, Missouri, USA).

The powdered turmeric rhizomes (*Curcuma longa* L.) were purchased from the local market of Select Horeca, Slovak Republic.

All chemicals and solvents used were of analytical grade.

### Extraction of curcuminoids

Ground dry turmeric rhizomes (500 g) were defatted with hexane (1500 ml) before being extracted with an ethanol-water 95 : 5 mixture (3000 ml). Curcuminoids were then crystallized by adding hexane (200 ml) to the hydroalcoholic solution and the resulting mixture was allowed to stand for 24 hours. A microcrystalline orange solid was filtered and dried at 60 °C under vacuum. The determination of the amount of curcuminoids was performed with a Shimadzu UV-1700 spectrophotometer in the visible range at 420 nm.

### Purification and determination of lipoxygenase activity

The cytosolic fraction from the rat lungs (*Wistar* rat, male 180 g), as the source of LOX, was isolated according to the procedure reported by Kulkarni<sup>21</sup>. Briefly, rat lung homogenate was centrifuged at 1000 × g for 5 min. The pellet obtained contained unbroken cells and the debris was discarded. The resulting supernatant was centrifuged at 10 000 × g for 15 min to obtain the mitochondrial fraction. The postmitochondrial supernatant was further centrifuged at 100 000 × g for 60 min to obtain

microsomes and cytosol. This fraction was further purified by ammonium sulfate precipitation (60 %), chromatography on Sephadex G-100 (Pharmacia, Sweden), and on Phenyl-Sepharose CL-4B (Pharmacia, Sweden). The purified enzyme was used for LOX activity determination. The protein content in the enzyme preparation was estimated by the method of Bradford<sup>22</sup>. The enzyme with specific activity (SA) of 3053,15 µkat·mg<sup>-1</sup> was used in all measurements. Linoleic acid (99 %, Sigma, USA) was used as the substrate prepared in solubilized state as described<sup>23</sup> in the concentration of  $0.2143 \times 10^{-5}$  –  $0.7143 \times 10^{-5}$  mol·l<sup>-1</sup>. The assay of LOX was monitored as an increase in the absorbance at 234 nm, which reflects the formation of hydroperoxylinoleic acid. For the LOX activity assay, a UV/VIS Spectrometer Perkin-Elmer Lambda 35 (USA) was used. The reaction medium contained a 50 mM Tris-HCl buffer (pH 7.0), 5 µl of the enzyme protein and solubilized linoleic acid. The final concentration of the curcumin tested was in the range of 1.06–5.32 × 10<sup>-5</sup> mol·l<sup>-1</sup>. Inhibitory effects of the compounds tested were expressed in the percentage of inhibition and as IC<sub>50</sub>.

#### HPLC analysis of positional specific forms of LOX

HPLC analysis was performed on a Hewlett-Packard 1050 (Holbronn, Germany) HPLC system equipped with MWD, autosampler and quaternary pump. 10 µl of purified proteins were incubated with the substrate (10 µl, 5% methanol solution of AA v/v) in a total volume of 1ml TRIS-HCl buffer (0.1 mol·l<sup>-1</sup>, pH 7.2) for 20 min at ambient temperature. The reaction was stopped by adding 10 mg of NaBH<sub>4</sub> and 100 µl of concentrated HCl. HETEs were isolated by diethyl ether (2 × 1 ml; Sigma-Aldrich, St. Luis, USA) and evaporated to dryness in the nitrogen stream. After drying, the sample was reconstituted in 100 µl of methanol and kept at –20 °C under a nitrogen atmosphere until analysis.

HETEs were separated on a Nucleosil 120-5 C18 100A column (Watex, Prague) using a gradient separation at the mobile phase prepared from acidified methanol (A); 0.5 ml of glacial acetic acid in 500 ml of methanol) and deionized water (B). The products were collected between 21.5–23.5 min (100% A + 0% B, flow rate 0.4 ml·min<sup>-1</sup>) and detected at the wavelength of 235 nm.

The eluate was evaporated under a nitrogen stream and reconstituted in *n*-hexane. The compounds were separated on a Zorbax Rx-Sil 150 × 2.1 mm (Agilent Technologies, Holbronn, Germany) by using isocratic elution at the mobile phase prepared of *n*-hexane and acidified with 2-propanol (0.5 ml of glacial acetic acid in 500 ml of 2-propanol, 98/2 (v/v)) and a flow rate of 0.15 ml·min<sup>-1</sup> with UV detection at 235 nm (optimization by Hoffman)<sup>24</sup>.

#### Results and discussion

The content of total curcuminoids in turmeric extract estimated by UV spectrophotometry was 93.6 % by measuring the absorbance at 420 nm in ethanol.

It is known that the structures of curcumin (also designated diferuloylmethane) and its derivatives demethoxycurcumin and bisdemethoxycurcumin (Fig. 1)

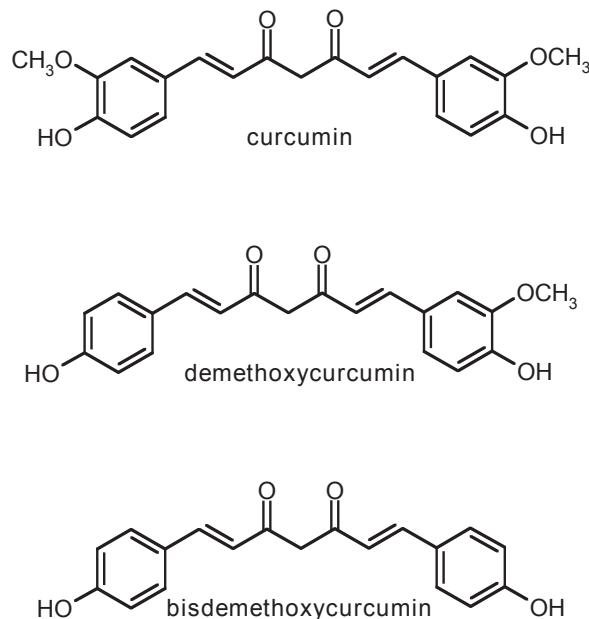
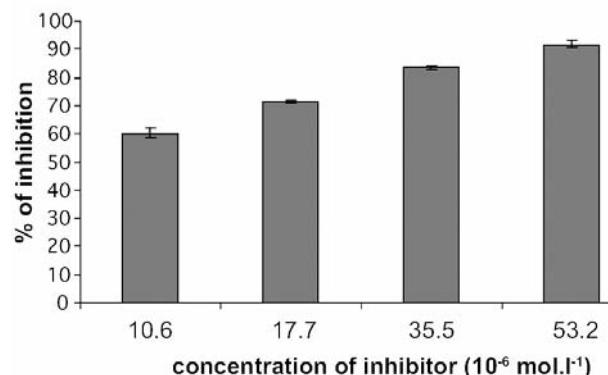


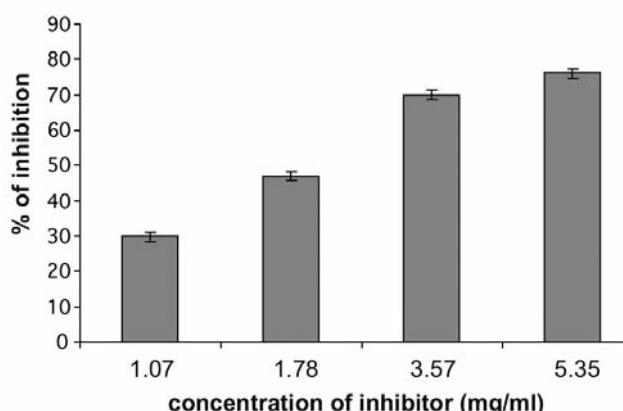
Fig. 1. Structure of curcumin, demethoxycurcumin and bisdemethoxycurcumin

exhibit many pharmacological activities. The hydroxyl and phenol groups in the molecule of curcuminoid are also essential for the inhibition of leukotriene and prostaglandin synthesis and anti-inflammatory action is associated with the beta-dicarbonylic system, which has the conjugated double bonds (dienes)<sup>1,25</sup>. Several research studies provided an interesting insight into the multiple mechanisms by which curcumin and curcuminoids may mediate a number of molecular targets justifying its chemopreventive effects on cancer, including colorectal cancer, anti-inflammatory and antioxidative activities. Curcumin has the ability to inhibit carcinogenic promotion through the modulation of multiple molecular targets, such as transcription factor, enzymes, cell cycle proteins, cell surface adhesion proteins, survival pathways and cytokines<sup>26–30</sup>.

The inhibitory effect of curcumin on LOX activity from the rat lung cytosolic fraction is expressed in the



Graph 1. Inhibition of LOX activity by curcumin expressed in percentage of inhibition (the values are means ± SD from triplicate experiments, n = 3, p < 0.01)



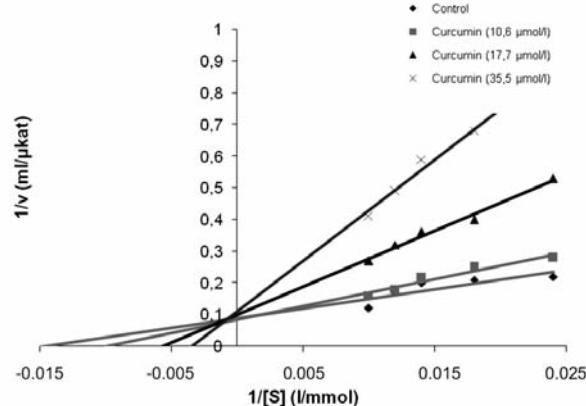
Graph 2. Inhibition of LOX activity by extract of *Curcuma longa* L. expressed in percentage of inhibition (the values are means  $\pm$  SD from triplicate experiments,  $n = 3$ ,  $p < 0.01$ )

Table 1. Kinetic parameters of curcumin by inhibition of LOX activity

Concentration of inhibitor ( $10^{-6}$ mol.l $^{-1}$ )	Parameter	Curcumin
10.6	$K_M$ (mmol.l $^{-1}$ )	122.2
17.7		185.7
35.5	$V_{max}$ (mmol.s $^{-1}$ .l $^{-1}$ )	3123
	$IC_{50}$ ( $\mu$ mol.l $^{-1}$ )	10.29
	$IC_{50}$ ( $\mu$ mol.l $^{-1}$ )	6.13

percentage of inhibition and in the value of  $IC_{50}$  in Graph 1 and Table 1. The final concentrations of curcumin in incubation mixtures were  $1.06$ ;  $1.77$ ;  $3.55$  and  $5.32 \times 10^{-5}$  mol.l $^{-1}$  of curcumin. The highest inhibition of LOX from the rat lung cytosolic fraction by curcumin expressed in the percentage of inhibition was 91.82% and  $IC_{50} = 6.13 \times 10^{-6}$  mol.l $^{-1}$  by using a  $5.32 \times 10^{-5}$  mol.l $^{-1}$  of curcumin in incubation mixture. The turmeric extract in the concentrations of  $1.07$ ;  $1.78$ ;  $3.57$ ;  $5 \times 35$  mg.ml $^{-1}$  on LOX activity from the rat lung cytosolic fraction showed the highest inhibitory effect of 76.06% (Graph 2). These results showed a lower inhibitory effect of *Curcuma longa* extract on LOX activity and is possible that in this extract mainly phenolic curcumin and curcuminoids may be responsible for inhibitory activity.

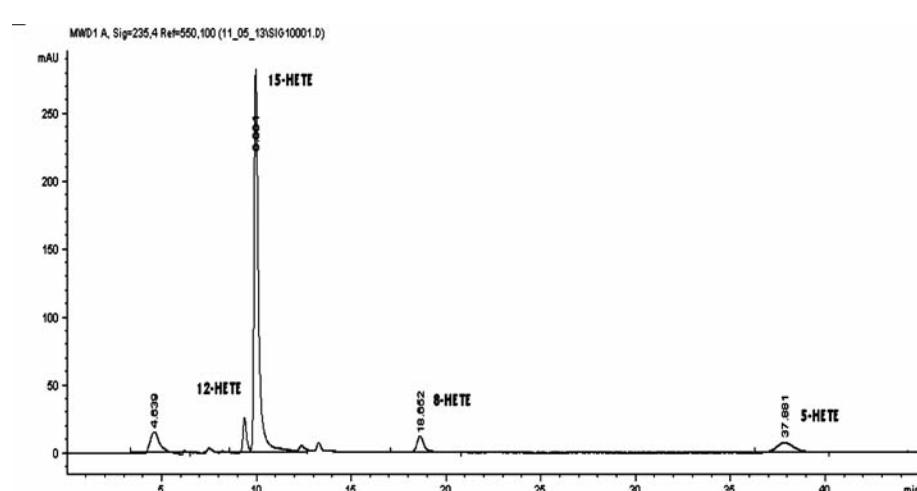
When the effects of linoleic acid on LOX inhibition by curcumin were determined, the rate of dioxygenation became greater, with an increase in substrate concentration. The Lineweaver-Burk plots analysis (Graph 3, Table 1) at fixed curcumin concentration showed that Michaelis-Menten kinetic



Graph 3. Kinetic types of LOX inhibition by curcumin

constant ( $K_M$ ) increased without changing  $V_{max}$ , suggesting that curcumin is the competitive inhibitor of LOX from the rat lung cytosol fraction with  $K_M$  of  $122.2$ ;  $185.7$ ;  $312.3$  mmol.l $^{-1}$  and  $V_{max}$   $10.29$  mmol.s $^{-1}$  by the presence of curcumin for linoleic acid and by using of 12/15 LOX from the rat lung cytosol fraction. The competitive type of inhibition of curcumin on LOX activity was also determined by using linoleic acid bound to the phosphatidylcholine micelles and by using soybean lipoxygenase LOX-1<sup>31)</sup>. On the other hand, by using X-ray diffraction and mass spectrometry of the lipoxygenase-curcumin complex (soybean LOX-L3) Skrzypczak-Jankun and colleagues<sup>32)</sup> have found an electron mass located near the soybean L3 catalytic site and hypothesize the noncompetitive type of inhibition.

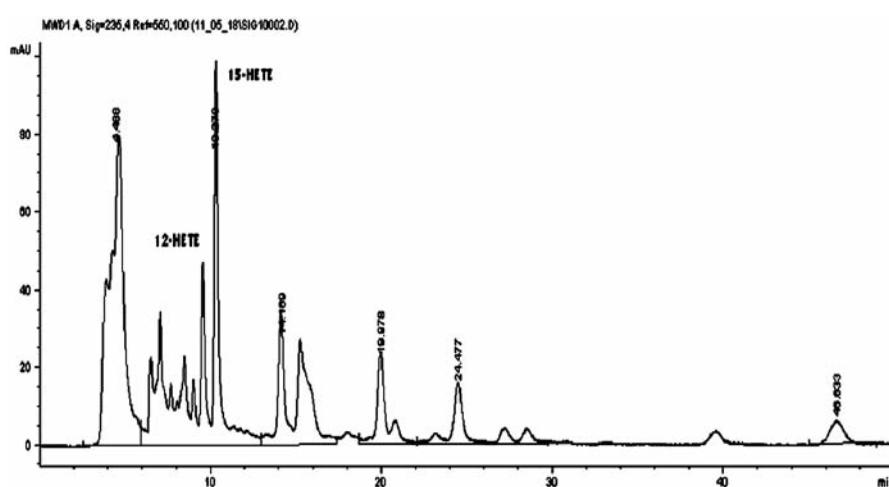
Studies on the inhibition of LOXs have shown that inhibitors can act through a number of mechanisms. One of the examples is a reduction of the catalytically active ferric enzyme to its inactive ferrous form through the formation of free radical metabolites<sup>33)</sup> or by preventing the formation of the activated Fe(III) form of LOX. Inhibition of lipoxygenase reaction seems to be derived from inactivation of the active site of the enzyme or scavenging of the free radical at the active site. Therefore, most antioxidants are inhibitors of LOXs. The use of curcumin as the inhibitor of lipoxygenase<sup>31)</sup> estimated that curcumin



Graph 4. Chromatogram of standards 8-, 12-HETE ( $2.5 \mu\text{g cm}^{-3}$ ), 5- and 15-HETE

inhibits LOX by binding with an active site iron.

HPLC analysis revealed a production of 12- and 15-HETE in all samples of purified preparation of lipoxygenase (Graph 5). (HPLC analysis of 5-, 8-, 12- and 15-HETE (Graph 4). According to our previous studies we assumed the presence of 12/15-LOX in rat lung cytosol. 12/15-LOX enzymes, the non-heme iron-containing dioxygenases, insert molecular oxygen into arachidonic acid resulting in the formation of 12(S)-HETE and 15(S)-HETE<sup>33</sup>. According to the product spectrum it is classified as 15-LOX-1 in humans and rabbits whereas pigs, rats and mice express leukocyte-type 12-LOX<sup>34</sup>. These enzymes are highly related in their primary structures and are thought to be homologues of each other<sup>35</sup>. They can be found in a variety of cells, including the lung, heart, atherosclerotic vessel, liver, gut, spleen, lymph node, kidney, adipose tissue and macrophages<sup>36</sup>. Huo and colleagues<sup>37</sup> suggested that 12/15-LOX exists in mice liver tissue mainly as macrophage LOX. Alternatively, 12/15-LOX in this tissue may be regulated by 12/15-LOX-expressing macrophages.



Graph 5. Determination of the positional specificity of lung cytosolic LOX. Reaction products were separated by RP-HPLC followed by SP-HPLC analysis of HETE by LOX from (AA)

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**Conflicts of interests:** none.

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